



1
00:00:15,950 --> 00:00:09,470
really didn't know he was gonna be on

2
00:00:17,779 --> 00:00:15,960
camera today did you well we have the

3
00:00:21,140 --> 00:00:17,789
camera over here Marsh hasn't seen it

4
00:00:23,670 --> 00:00:21,150
before I don't think she's just heard

5
00:00:29,370 --> 00:00:27,210
this is your primary loading the way

6
00:00:31,159 --> 00:00:29,380
John did in the last fight he took and

7
00:00:33,840 --> 00:00:31,169
velcro the camera right to a locker wall

8
00:00:37,110 --> 00:00:33,850
he got the foot restraints and said

9
00:00:42,540 --> 00:00:39,450
I think John McBride would hold it as

10
00:00:49,040 --> 00:00:42,550
laughs it's just its own personal

11
00:00:57,040 --> 00:00:52,779
a guy can pull it difficult to hear

12
00:00:59,740 --> 00:00:57,050
they're got about that much out down

13
00:01:02,529 --> 00:00:59,750

here it says retract am being roller

14

00:01:10,260 --> 00:01:02,539

latches at least to everything that you

15

00:01:15,389 --> 00:01:12,270

again you have to pull it up because it

16

00:01:20,820 --> 00:01:15,399

engages its cam down here pull it up out

17

00:01:24,230 --> 00:01:20,830

of the cam go backwards okay if you

18

00:01:26,539 --> 00:01:24,240

swing upper curve guide this is this one

19

00:01:34,890 --> 00:01:26,549

again they're all marked - it says

20

00:01:38,320 --> 00:01:34,900

position D and this is the AV C okay

21

00:01:43,180 --> 00:01:38,330

right besides we got some loop size guys

22

00:01:49,620 --> 00:01:43,190

down in the bottom that's how it works

23

00:01:54,760 --> 00:01:52,569

if you take its what it wants to do was

24

00:02:02,950 --> 00:01:54,770

to pull and find this wasn't holed up in

25

00:02:06,490 --> 00:02:02,960

this well if you do rip it

26

00:02:09,910 --> 00:02:06,500

it's what I'm doing is turning this

27

00:02:12,790 --> 00:02:09,920

thing to give you a little extra if you

28

00:02:15,339 --> 00:02:12,800

do rip it just say well gosh I'm gonna

29

00:02:17,559 --> 00:02:15,349

rip right there go ahead and wind it

30

00:02:28,360 --> 00:02:17,569

through take it up all the way say we've

31

00:02:28,370 --> 00:02:44,930

sort of like wrestling the wet noodle

32

00:02:44,940 --> 00:02:48,240

that was good

33

00:02:48,250 --> 00:02:52,540

you know what

34

00:03:10,740 --> 00:02:57,590

run through the pair of scissors and

35

00:03:10,750 --> 00:03:32,880

I

36

00:03:46,970 --> 00:03:34,650

if you'll work this arm all the way

37

00:03:46,980 --> 00:04:00,420

it's gonna be easier done really

38

00:04:00,430 --> 00:04:10,059

so starts hitting the bag okay

39

00:04:10,069 --> 00:04:24,700

Vantage of the chair

40

00:04:24,710 --> 00:04:35,850

they stationed just look through there

41

00:05:07,070 --> 00:04:38,529

ready

42

00:05:09,200 --> 00:05:07,080

we don't have our croakies yet so when

43

00:05:10,820 --> 00:05:09,210

you're working with high-priced stars

44

00:05:13,640 --> 00:05:10,830

though you expect them to be somewhat

45

00:05:52,510 --> 00:05:13,650

creative in their own right like Robin

46

00:06:58,640 --> 00:06:57,140

against the lockers let me tell you

47

00:07:00,409 --> 00:06:58,650

something what's happened here is your a

48

00:07:03,370 --> 00:07:00,419

lot of your subject to move forward on

49

00:07:07,180 --> 00:07:03,380

the band's forward where you focus

50

00:07:14,860 --> 00:07:07,190

Marsha's forward from where you focus

51
00:07:16,780 --> 00:07:14,870
d-david spar with more focus that's a

52
00:07:21,220 --> 00:07:16,790
good spot right there we're we're G

53
00:08:24,860 --> 00:07:21,230
David is a good spot to say three two

54
00:08:39,260 --> 00:08:33,740
we're about you wanna be first start up

55
00:08:42,680 --> 00:08:39,270
on the podium by then by the hatch and

56
00:08:45,710 --> 00:08:42,690
then just a shanty conversation on as

57
00:08:48,440 --> 00:08:45,720
you walk down and get in front of the

58
00:08:50,210 --> 00:08:48,450
space station and do a pointy talky in

59
00:08:54,110 --> 00:08:50,220
the area of the shovel and the space

60
00:09:09,480 --> 00:08:54,120
station it'll be a wrap if you do it

61
00:09:09,490 --> 00:09:19,310
ASA's at 250 times

62
00:09:24,930 --> 00:09:22,350
so yeah what's your let me let me think

63
00:09:26,820 --> 00:09:24,940

of you here and see what your you're

64

00:09:29,250 --> 00:09:26,830

looking at this one